



# Flexible, accessible health options for employees



Half of U.S. consumers report wellness as a top priority in their daily lives.<sup>1</sup> One Pass Select™ is designed to help make it easier for your employees to prioritize their health and wellness through a lower-cost, extensive nationwide gym network – including digital fitness. Best of all, your employees have the freedom to choose the option that fits their needs and lifestyle.



average retail gym membership savings with One Pass Select<sup>3</sup>

## See the benefits of One Pass Select



### Potential increased productivity

Studies show that healthier employees are typically more productive<sup>2</sup>



### No cost to you, low cost to your employees

Allows you to offer various fitness pricing options and competitive, flexible health options so employees can choose what's best for them



### A simple digital experience

Easy access through UnitedHealthcare Rewards on the **UnitedHealthcare® app** or **myuhc.com®** to browse membership options, a fitness directory and more



### UHC Rewards integration

Employees can redeem UHC Rewards dollars to use toward a One Pass Select subscription

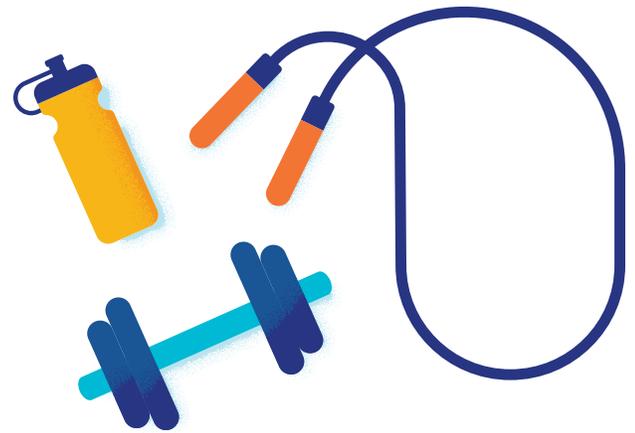


of employees who signed up for One Pass Select were actively engaged in the program<sup>4</sup>

# More advantages for employees

One Pass Select offers employees various membership tiers to choose from based on their unique fitness goals – along with additional benefits, including:

- No long-term contracts or annual gym registration fees
- Flexible fitness options with the ability to change tiers monthly
- Multisite access nationwide with no waiting period
- The ability to add up to 4 family members (ages 18+)



## Membership options for employees

Category	Digital	Classic	Standard	Premium	Elite
<b>Monthly fee</b>	\$10	\$34	\$69	\$109	\$159
<b>One-time enrollment fee</b>	\$10	\$29	\$29	\$29	\$29
<b>Gym network size</b>		11,000+	14,000+	16,000+	20,000+
Premium network			✓	✓	✓
Multisite access		✓	✓	✓	✓
<b>Digital classes</b>	23,000+	23,000+	23,000+	23,000+	23,000+
On demand	✓	✓	✓	✓	✓
Living streaming	✓	✓	✓	✓	✓
Workout builder	✓	✓	✓	✓	✓
<b>Family memberships*</b>	✓	✓	✓	✓	✓
Upgrade/downgrade	✓	✓	✓	✓	✓
Cancel within 30 days	✓	✓	✓	✓	✓

\* 10% discount

## Learn more

Contact your UnitedHealthcare representative

**United  
Healthcare**

<sup>1</sup> McKinsey & Company. Still feeling good: The US wellness market continues to boom. [mckinsey.com/industries/consumer-packaged-goods/our-insights/still-feeling-good-the-us-wellness-market-continues-to-boom](https://www.mckinsey.com/industries/consumer-packaged-goods/our-insights/still-feeling-good-the-us-wellness-market-continues-to-boom). Sept. 12, 2022.

<sup>2</sup> Centers for Disease Control and Prevention. Increase Productivity. [cdc.gov/workplacehealthpromotion/model/control-costs/benefits/productivity.html](https://www.cdc.gov/workplacehealthpromotion/model/control-costs/benefits/productivity.html). Accessed February 2023.

<sup>3</sup> One Pass Select Internal Analytics/Book of Business, 2022.

<sup>4</sup> One Pass Select Utilization Report, 2023.

One Pass Select is a voluntary program featuring a subscription-based nationwide gym network. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. Individuals should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for them. Purchasing discounted gym and fitness studio memberships may have tax implications. Employers and individuals should consult an appropriate tax professional to determine if they have any tax obligations with respect to the purchase of these discounted memberships under this program. One Pass Select is not available in HI, KS, NJ, VT and Puerto Rico for fully insured participants.

UnitedHealthcare Rewards is a voluntary program. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. You should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for you. Receiving an activity tracker, certain credits and/or rewards and/or purchasing an activity tracker with earnings may have tax implications. You should consult with an appropriate tax professional to determine if you have any tax obligations under this program, as applicable. If any fraudulent activity is detected (e.g., misrepresented physical activity), you may be suspended and/or terminated from the program. If you are unable to meet a standard related to health factor to receive a reward under this program, you might qualify for an opportunity to receive the reward by different means. You may call us toll-free at 1-855-256-8669 or at the number on your health plan ID card, and we will work with you (and, if necessary, your doctor) to find another way for you to earn the same reward. Rewards may be limited due to incentive limits under applicable law. Subject to HSA eligibility, as applicable. This program is not available in Hawaii, Vermont and Puerto Rico. Components subject to change.

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