

Thursday 01.07.2021



Happy Thursday!

This morning we did social-emotional lessons on worrying. We read a few different books out loud in small groups and talked about times that we've worried, what we can do when we worry, and strategies to keep our bodies calm. We also connected emotions to weather. We discussed how different types of weather can make us feel different emotions and how weather can symbolize emotions (i.e. thunderstorms can appear angry).

We also observed the birds and squirrels out front the building today as our scavenger hunt yesterday was a bit quiet.

During lunch today we caught NASA Live from the ISS. The children were super excited to hear the information the astronauts had to present. In the afternoon they explored space and partnered with peers to continue their research.







